



LIVE WELL  
SAN DIEGO

## *Advisory Council for Aging & Independence Services*

June 12, 2023 | 12:00 p.m.

5560 Overland Ave, Joaquin Anguera Room, 3rd Floor

### *Virtual Participation*

Call in: 1 (669) 900-9128

Meeting ID (access code): 992 5390 3588

Passcode: 251412

Click here to [Join Zoom Meeting](#)

## AGENDA

\* (attachment)

1. **Call to Order:** Stephen Huber, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 10)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
  - a. Public Comment/Announcements: Members or non-members
  - b. Approval of May 8, 2023 Meeting Minutes (Action)\*
4. **AIS Director's Items** (Possible action)
  - a. AIS Director's Update
  - b. Board Letters
    - i. IHSS Public Authority Fiscal Year 2023-24 Adopted Budget (Informational Item Only)\*
5. **Guest Speakers**
  - a. Dr. Lindsey Yourman, Chief Geriatric Officer, County of San Diego
6. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
  - a. Chair's Report: Stephen Huber, Chair
    - i. Ancillary Subcommittee Appointments
      - a) Housing Subcommittee: Appoint Kristine Stensberg (Action)
  - b. Membership Report: Susan Mallett, Secretary
    - i. Appoint Bradlyn Mulvey to 1<sup>st</sup> Full Term (Action)
      - Seat #22, effective immediately, to expire 7/8/27
    - ii. Appoint Faye Detsky-Weil to 2<sup>nd</sup> Full Term (Action)
      - Seat #30, effective immediately, to expire 7/8/27



- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
- i. District #1: Vargas [Vacant/Larkins] 10/4/2022
  - ii. District #2: Anderson [Vacant/Nocon] 2/22/2023
  - iii. District #3: Lawson-Remer [King/Osborne] 1/18/2023
  - iv. District #4: Vacant [Vacant/Vacant]
  - v. District #5: Desmond [Vacant/Vacant] 5/31/2022

## 7. Council Strategic Planning

- a. Subcommittee/Council Goals Status Report\*
- b. Issues for Consideration/General Discussion
- c. Subcommittee Goals FY 23/24

## 8. Ancillary Subcommittee Oral Reports (Possible action)

- a. LTC Ombudsman/Facilities (met 5/8/23): Dan McNamara, Chair
- b. Healthy Aging (met 5/8/23): Wanda Smith, Chair
- c. Housing (met 7/7/22): Smith Sirisakorn, Chair
- d. Nutrition (met 6/7/23): Susan Mallett, Chair

## 9. Ad Hoc Subcommittee Oral Reports (Possible action)

- a. Nominating Subcommittee: John Osborne, Chair
  - i. Presentation of Nominees for FY 23/24 Officers
    - o Chair – Stephen Huber (2<sup>nd</sup> Term)
    - o 1<sup>st</sup> Vice Chair – Susan Mallett (1<sup>st</sup> Term)
    - o 2<sup>nd</sup> Vice Chair – Shirley King (2<sup>nd</sup> Term)
    - o Secretary – Wanda Smith (1<sup>st</sup> Term)

## 10. Other Announcements

## 11. Adjournment & Next Meetings:

Meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123

Virtual meeting details are included on agendas at [www.aging.sandiegocounty.gov/AISAdvisoryCouncil](http://www.aging.sandiegocounty.gov/AISAdvisoryCouncil)

**Council Meeting:** July 10, 2023, 12 noon

### Future Subcommittee Meetings:

- LTC Ombudsman/Facilities: 6/12/23 2:15 p.m. [2<sup>nd</sup> Mondays]
- Executive & Membership: 6/20/23 10:30 a.m. [4<sup>th</sup> Tuesdays]
- Nutrition: 7/5/23 1:00 p.m. [1<sup>st</sup> Wednesdays]
- Healthy Aging: 6/12/23 2:15 p.m. [2<sup>nd</sup> Mondays]
- Housing: TBD TBD TBD

*This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

**Aging & Independence Services Advisory Council**  
**Monday, May 8, 2023 | 12:00pm – 2:00pm**  
**5560 Overland Ave, Joaquin Anguera Room, 3rd Floor**  
**Call in: 1 (669) 900-9128**  
**Meeting ID (access code): 992 5390 3588 | Passcode: 251412**

**MINUTES**

Members			Absent Members	Guests
Attendance	Faye Detsky-Weil Stephen Huber Mina Kerr Ethel Larkins Elaine Lewis Susan Mallett Silvia Martinez Dan McNamara	Bradlyn Mulvey Casey Myers Molly Nocon John Osborne Jacqueline Simon Smith Sirisakorn Wanda Smith Kristine Stensberg	Monica Flynn Emily Tran Pualani Vazquez Shirley King	Ardee Apostol Elisa Barnett Amy Chan Connie German-Marquez Charissa Japlit Ted Kagan Alberto Manautou Maryneeza Moraleja Cyril Reinicke
	Distinguished Merit Recipients		Staff	
			Ian Baxter Kendall Bremner Naomi Chavez Kim Gallo Jana Jordan Samantha Hasler	Julia Homitano Veronica Lacuesta Heidi Klein Brynn Viale Dayna Zarate Jing Zhou
	Outcome			
1. Call to Order	Stephen Huber, Chair, 12:00pm a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <b><u>16 present at this time.</u></b>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.	Council member Ethel Larkins provided a statement on Senior Rally Day and bills regarding Master Plan on Aging programs.			
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of April 10th, 2023, Meeting Minutes (Action)* <b>[M/S – E. Larkins / B. Mulvey (Passed with 16 votes)]</b>			
4. AIS Director’s Items	a. AIS Director’s Update <ul style="list-style-type: none"><li>K. Gallo highlight updates included:<ul style="list-style-type: none"><li>Operational/Staffing Updates</li><li>Legislative Update/DC Trip</li><li>Program Updates<ul style="list-style-type: none"><li>Modernizing Older Californians’ Act Agreement</li><li>Seniors Landing Bridge Shelter Pilot</li></ul></li></ul></li></ul>			

5. Guest Speakers	<ul style="list-style-type: none"><li>Fiscal Year 2023-24 CAO Recommended Budget: Agency Budget Office Charissa Japlit, Assistant Group Finance Director Highlights included:<ul style="list-style-type: none"><li>Economic Updates</li><li>State Budget</li><li>FY 2023-2024 CAO Recommended Budget</li><li>Upcoming Budget Events</li></ul></li><li>Multipurpose Senior Services Program (MSSP) Update Heidi Klein, Aging Program Specialist III Veronica Lacuesta, Aging Program Specialist III Highlights included:<ul style="list-style-type: none"><li>Eligibility</li><li>Program Statistics</li><li>Core Components: Care Management and Service Arrangement</li><li>How Program Goals Are Met</li></ul></li></ul>															
6. Executive & Membership Subcommittee Report/Other Business	<p>a. Chair's Report: Stephen Huber, Chair</p> <p>i. Ancillary Subcommittee Appointments</p> <p>a) Healthy Aging: Appointment of Jacqueline Simon (Action)* <b>[M/S – W. Smith/S. Mallett (Passed with 16 votes)]</b></p> <p>b) Housing: Appointment of Smith Sirisakorn to Chair (Action)* <b>[M/S – F. Detsky-Weil/ E. Larkins (Passed with 16 votes)]</b></p> <p>ii. Ad Hoc Subcommittee Appointments</p> <p>a) Convene Ad Hoc Nominating Subcommittee (Action)*</p> <ul style="list-style-type: none"><li>ROLE: Prepare a slate of officer recommendations by June 2023 for the officer elections in July 2023 and officer swearing-in in September 2023.</li><li>TERM: May 2023 through June 2023</li><li>MEMBERSHIP: John Osborne (Chair), Casey Myers and Ethel Larkins <b>[M/S – F. Detsky-Weil/J. Simon (Passed with 15 votes; S. Martinez not present during voting action)]</b></li></ul> <p>b) Convene Legislative Ad Hoc Subcommittee (Action)*</p> <ul style="list-style-type: none"><li>ROLE: Advise on the County of San Diego's Legislative Program</li><li>TERM: May 8, 2023 through the end of August 2023</li><li>MEMBERSHIP: Shirley King (Chair), Faye Detsky-Weil, Stephen Huber, Elaine Lewis, Mina Kerr, Susan Mallett, Casey Myers and Kristine Stensberg <b>[M/S – J. Osborne / F. Detsky-Weil (Passed with 16 votes)]</b></li></ul> <p>b. Membership Report: Susan Mallett, Secretary</p> <p>i. Appoint Ted Kagan to partial term (Action)*</p> <ul style="list-style-type: none"><li>Seat #12, effective immediately, to expire 10/8/24. <b>[M/S – M. Nocon / B. Mulvey (Passed with 16 votes)]</b></li></ul> <p>ii. Appoint Smith Sirisakorn to 1<sup>st</sup> Full Term (Action)*</p> <ul style="list-style-type: none"><li>Seat #21, effective immediately, to expire 2/11/27. <b>[M/S – B. Mulvey/E. Larkins (Passed with 16 votes)]</b></li></ul> <p>iii. Waive Declaration of Vacancy Requirement – Emily Tran (Action)* <b>Voting action not taken. E. Tran's seat has been vacated per By-Laws.</b></p> <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <table><tr><td>i. District #1: Vargas</td><td>[Vacant/Larkins]</td><td>10/4/2022</td></tr><tr><td>ii. District #2: Anderson</td><td>[Vacant/Nocon]</td><td>2/22/2023</td></tr><tr><td>iii. District #3: Lawson-Remer</td><td>[King/Osborne]</td><td>1/18/2023</td></tr><tr><td>iv. District #4: Fletcher</td><td>[Sirisakorn/Flynn]</td><td>1/5/2022</td></tr><tr><td>v. District #5: Desmond</td><td>[Vacant/ Vacant]</td><td>5/31/2022</td></tr></table>	i. District #1: Vargas	[Vacant/Larkins]	10/4/2022	ii. District #2: Anderson	[Vacant/Nocon]	2/22/2023	iii. District #3: Lawson-Remer	[King/Osborne]	1/18/2023	iv. District #4: Fletcher	[Sirisakorn/Flynn]	1/5/2022	v. District #5: Desmond	[Vacant/ Vacant]	5/31/2022
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7. Ancillary Subcommittee Oral Reports	<p>a. LTC Ombudsman/Facilities (met 4/10/2023): Dan McNamara, Chair</p> <p>b. Healthy Aging (met 4/10/2023): Wanda Smith, Chair</p> <p>c. Housing (met 7/7/2022): TBD, Chair</p> <p>d. Nutrition (met 5/3/2023): Susan Mallett, Chair</p>															
8. Other Announcements	None															

9. Adjournment &  
Next Meetings

**Meeting adjourned: 1:45pm**

**Council Meeting:** June 12, 2023, 12:00 PM

5560 Overland Ave. Ste. 310, San Diego, 92123

**Future Subcommittee Meetings:**

- |                             |           |           |                              |
|-----------------------------|-----------|-----------|------------------------------|
| ➤ LTC Ombudsman/Facilities: | 5/8/2023  | 2:00 p.m. | [2 <sup>nd</sup> Mondays]    |
| ➤ Executive & Membership:   | 5/23/2023 | 9:00 a.m. | [4 <sup>th</sup> Tuesdays]   |
| ➤ Nutrition:                | 6/7/2023  | 1:00 p.m. | [1 <sup>st</sup> Wednesdays] |
| ➤ Healthy Aging:            | 5/8/2023  | 2:00 p.m. | [2 <sup>nd</sup> Mondays]    |
| ➤ Housing:                  | TBD       | TBD       | TBD                          |

*Minutes respectfully submitted by Julia Homitano*



# In-Home Supportive Services Public Authority AGENDA ITEM

## GOVERNING BODY

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

VACANT  
Fourth District

JIM DESMOND  
Fifth District

**DATE:** June 27, 2023

**TO:** Public Authority Governing Body

## SUBJECT

**ADOPTION OF FINAL FISCAL YEAR 2023-24 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)**

## OVERVIEW

On May 11, 2023 (01), the Public Authority Governing Body received the recommended County of San Diego (County) In-Home Supportive Services (IHSS) Public Authority's administrative budget of \$48,905,371 for Fiscal Year (FY) 2023-24 and set June 12, 2023 as the start date of public hearings for the budget. Today's action requests adoption of the FY 2023-24 final administrative budget for the IHSS Public Authority by resolution, which is required by State statute.

The County-operated IHSS program provides in-home assistance to approximately 39,000 low-income, aged, blind, and disabled individuals enabling many to remain safely in their homes, thereby reducing the need for more costly placements in nursing homes or other care facilities. Additionally, the IHSS Public Authority provides a number of services to the approximately 34,000 IHSS caregivers including training, payroll services, funding for benefits, and State-mandated caregiver enrollment including criminal background checks. The IHSS PA also provides registry services to IHSS recipients in need of caregivers. In FY 2022-23, the IHSS caregivers completed approximately 52 million hours of services for IHSS recipients in San Diego County (county). In FY 2023-24 it is estimated that service hours will increase to more than 60 million hours due to IHSS program growth.

This item supports the County's vision of a just, sustainable, and resilient future for all, specifically those communities and populations in the county that have been historically left behind, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe and thriving communities. This will be accomplished by providing support to low-income, aged, blind, and disabled individuals enabling many to remain safely in their homes.

**SUBJECT:** ADOPT THE FINAL FISCAL YEAR 2023-24 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

**RECOMMENDATION(S)**

**EXECUTIVE DIRECTOR/INTERIM CHIEF ADMINISTRATIVE OFFICER**

1. Adopt the resolution entitled: ADOPTION OF FINAL BUDGET FOR THE COUNTY OF SAN DIEGO IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY FOR THE FISCAL YEAR COMMENCING JULY 1, 2023.

**EQUITY IMPACT STATEMENT**

The In-Home Supportive Services (IHSS) Public Authority provides in-home assistance to eligible aged, blind, and disabled individuals as an alternative to out-of-home care and enables recipients to remain safely in their own homes. IHSS Public Authority also conducts the California Department of Social Services State-mandated IHSS Provider Orientation which is required for potential IHSS caregivers. The IHSS Public Authority recognizes systemic impacts inequitable policies create for residents of San Diego County. Impacts have historically included outcomes related to racial justice and issues of belonging that are reflected in the programs, services, and resources allocated to communities. To more proportionally serve the community, the IHSS Public Authority will utilize available data from community feedback, including but not limited to customer service satisfaction surveys and training surveys, to propose a framework for developing equitable and transparent strategic action plans and policies. In addition, IHSS PA will gather input from members of the IHSS Public Authority Advisory Committee composed of a minimum of fifty-one percent (51%) of individuals who are past or current consumers of personal assistance services paid for through public or private funds or as recipients of IHSS. Today's action, if approved, will allow the IHSS Public Authority to continue administering vital programs and services to caregivers of equity-seeking groups including Black, Indigenous, People of Color, women, people with disabilities, immigrants, elderly, and the LGBTQ community by identifying and removing barriers for engagement and participation.

**SUSTAINABILITY IMPACT STATEMENT**

Working with partners to improve and expand programs and services that contribute to the safety and wellbeing of older adults and persons with disabilities will advance the County of San Diego (County) Sustainability Goals #1, #2 and #4 to: engage the community; provide just and equitable access to County and In-Home Supportive Services (IHSS) Public Authority services; and protect health and wellbeing. Specifically, the IHSS program and IHSS Public Authority allow older adults and persons with disabilities to remain safely in their homes, and helps meet the needs of caregivers. These efforts are designed to improve overall health and wellbeing and reduce barriers for underserved populations, which benefits the overall community.

**FISCAL IMPACT**

The recommended action provides spending authority of \$48,905,371 for the In-Home Supportive Services Public Authority for Fiscal Year 2023-24.

**BUSINESS IMPACT STATEMENT**

N/A

**SUBJECT:** ADOPT THE FINAL FISCAL YEAR 2023-24 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)

### **ADVISORY BOARD STATEMENT**

This item was presented to the In-Home Supportive Services/Public Authority Advisory Committee as an informational item on May 12, 2023, and the Aging & Independence Services Advisory Council as an informational item on June 12, 2023.

### **BACKGROUND**

The In-Home Supportive Services (IHSS) Public Authority was established in accordance with State mandate to act as Employer of Record for IHSS caregivers and operate a registry of caregivers. The IHSS Public Authority works in partnership with the IHSS program operated by the County of San Diego (County) serving both IHSS recipients and IHSS caregivers. The County-operated IHSS program provides in-home assistance to approximately 39,000 low-income, aged, blind, and disabled individuals enabling them to remain safely in their homes and reducing the need for more costly placements in nursing homes or other care facilities. Additionally, the IHSS Public Authority provides a multitude of services to the approximately 34,000 IHSS caregivers including training, payroll services, funding for benefits, and State-mandated caregiver enrollment (including criminal background checks). The IHSS Public Authority also provides registry services to IHSS recipients in need of caregivers.

Today's action, if approved, will authorize approval of the IHSS Public Authority's Fiscal Year (FY) 2023-24 recommended administrative budget and adopt the resolution entitled: ADOPTION OF FINAL BUDGET FOR THE COUNTY OF SAN DIEGO IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY FOR THE FISCAL YEAR COMMENCING JULY 1, 2023. Below is an overview of the of the overall recommended budget:

<b>Administrative Budget Component</b>	<b>Fiscal Year 2023-2024</b>	<b>Comments</b>
Salaries & Benefits	\$6,828,836	\$0.9 million increase due to the addition of twelve staff, increase to salary ranges, & payroll taxes.
Services & Supplies	\$4,109,845	\$0.7 million increase primarily due to the mandated replacement of IHSS Public Authority IT systems.
Health & Dental Benefits for IHSS caregivers	\$36,073,038	\$3.3 million increase due to the increase in insurance benefit contributions for IHSS caregivers resulting from program growth.
Life Insurance Benefits for IHSS caregivers	\$1,803,652	\$1.8 million increase due to new expense with newly executed MOU with IHSS caregiver's union (UDW).
Personal Protective Equipment for IHSS caregivers	\$50,000	\$50,000 increase due to new expense tied to the newly executed MOU with IHSS caregiver's union (UDW).
Transportation Passes for IHSS caregivers	\$40,000	\$40,000 increase due to new expense tied to the newly executed MOU with IHSS caregiver's union (UDW).
<b>Total</b>	<b>\$48,905,371</b>	<b>\$6.9 million or 16.4% increase from 2022-23 Adopted Budget.</b>

**SUBJECT: ADOPT THE FINAL FISCAL YEAR 2023-24 ADMINISTRATIVE BUDGET FOR THE IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY (DISTRICTS: ALL)**

The recommended IHSS Public Authority administrative budget of \$48,905,371 for FY 2023-24 represents an increase of 16.4% from the FY 2022-23 Adopted Budget of \$42,011,127. This increase is mainly due to increased health care benefit contributions for eligible IHSS caregivers. In accordance with the revised Memorandum of Understanding (MOU) with the United Domestic Workers of America (UDW) authorized and signed by the Public Authority Governing Body on February 7, 2023 (1), the IHSS Public Authority's contribution for health benefits is calculated on the number of paid IHSS hours, at \$0.60 per paid hour. The FY 2022-23 Adopted Budget for health benefits anticipated 51,980,873 paid IHSS hours. In FY 2023-24, IHSS Public Authority providers are projected to deliver 60,121,730 hours of service based on continued program growth. Additionally, the revised MOU stipulates the Public Authority's contribution for life insurance benefits to be calculated based on the number of paid IHSS hours, at \$0.03 per paid hour. Furthermore, the approved MOU included contributions from the IHSS Public Authority for non-health benefits including a \$50,000 annual payment for job-related personal protective equipment supplies, and an annual contribution to the UDWA Trust of up to \$40,000 for distribution to IHSS caregivers to cover the cost of transportation passes.

Today's action, if approved, Pursuant to California Government Code Section 29088, recommends the approval of a Resolution to adopt the budget for the County of San Diego In-Home Supportive Services Public Authority for Fiscal Year 2023-24.

**LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN**

Today's proposed action supports the County of San Diego's 2023-2028 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the regional *Live Well San Diego* vision by continuing services to approximately 34,000 caregivers who assist low-income vulnerable older adults and disabled residents of San Diego County.

Respectfully submitted,

USE "INSERT PICTURE"  
FUNCTION TO INSERT  
SIGNATURE

NAME

Executive Director

**ATTACHMENT(S)**

Attachment A - Resolution for Adoption of Final Budget for the County of San Diego In-Home Supportive Services Public Authority for the Fiscal Year Commencing July 1, 2023

## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

**COUNCIL FOCUS:** Use or gain expertise to identify, project, and anticipate needs and trends, and advise on legislative and AIS operational actions to address the needs of older adults and persons with disabilities.

**AGING ROADMAP:** San Diego County's [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the county's comprehensive system of care. Roadmap focus areas are as follows and identified throughout the Council's Goals:



Caregiver  
Support



Safety



Preparedness



Silver  
Economy



Medical &  
Social Services



Social  
Participation



Dementia-  
Friendly



Health &  
Community Support





Housing









Transportation


### GOALS 2022 – 2025

#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>PSA 23 AREA PLAN</b>						
<b>A3a</b>	Advise on updates for FY 2022-2023. 	Mar – May 2022	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Meeting date(s)</li> <li>Discussion</li> <li>Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee met on 3/16/22.</li> <li>Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/11/22.</li> <li>Discussion included: Updates of Area Plan 2020-2024 Update FY 22-23; process and content of Area Plan fair and equitable; and the Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from Advisory Council. Authorization passed with 15 votes on 4/11/22.</li> </ul>	Completed
<b>A3b</b>	Advise on updates for FY 2023-2024. 	Mar – May 2023	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Meeting date(s)</li> <li>Discussion</li> <li>Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee met on:</li> <li>Discussion included:</li> <li>Authorization passed:</li> </ul>	Not yet started
<b>A3c</b>	Monitor and plan for the expansion of needed services for older adults to meet the needs of the growing population.	Ongoing	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee</li> <li>Advisory Council</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	In progress



## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>HEALTHCARE AND BEHAVIORAL HEALTH</b>						
<b>HB1</b>	Research and prepare a position paper for priority areas of healthcare. Advocate for program development with emphasis on equity and inclusion. 	July 2022	<ul style="list-style-type: none"> <li>Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include but are not limited to where the older adult population meets, nutrition, socialization, geography/communities, disabilities, mental health, dementia, Alzheimer's disease, ways to increase awareness and education in hospitals re: geriatric issues.</li> </ul>	In Progress
<b>HB1a</b>	Position Paper: "The Power of Walking".	July 2022	<ul style="list-style-type: none"> <li>Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>"The Power of Walking" position paper finalized and presented to AIS Executives and Health and Community Engagement Team in May 2022.</li> </ul>	Completed
<b>HB1b</b>	Position Paper: "Seniors Who Live Alone".	Ongoing	<ul style="list-style-type: none"> <li>Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>Position paper finalized on [date] and presented to [audience].</li> </ul>	In progress
<b>HB2</b>	Explore and participate in appropriate Auxiliary subcommittees, including but not limited to, the Age Well San Diego Health & Community Support Theme Team. 	Ongoing	<ul style="list-style-type: none"> <li>Healthy Aging Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego Health &amp; Community Support meetings attended by Advisory Council and Subcommittee members.</li> </ul>	In progress
<b>HB3</b>	Develop recommendation(s) to ensure older adults who have the greatest economic or social need are aware of and utilize senior dining and other meals resources.  	<del>July 2022</del> Ongoing	<ul style="list-style-type: none"> <li>Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>[Recommendations] shared with [audience/modality] on [date].</li> </ul>	In progress
<b>HB4</b>	Develop recommendations to decrease hunger, food insecurity, and adverse health conditions resulting from poor nutritional health.  	<del>July 2022</del> October 2022	<ul style="list-style-type: none"> <li>Nutrition Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include but is not limited to enhancing nutritional quality through increased fruit and vegetable consumption.</li> <li>[Recommendations] shared with [audience/modality] on [date].</li> </ul>	In progress






## AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2022 – 2025

#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>HB5</b>	Identify risk reduction strategies and educational opportunities for diseases and disorders affecting older adults.	Ongoing	• Healthy Aging Subcommittee	• Finding(s)	• [Recommendations] shared with [audience/modality] on [date].	In progress
<b>HB6</b>	Recommend enhanced partnership and collaboration between COSD and local hospitals.	Ongoing	• Healthy Aging Subcommittee	• Finding(s)	• Enhanced partnership may include a hospital summit or collaboration to share best practices between local hospitals and healthcare providers to address geriatric physical and mental health and wellbeing	In progress
<b>HB7</b>	Monitor and advise on AIS programs: 					
<b>HB7a</b>	Congregate Meals (Title III C1)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress
<b>HB7b</b>	Home-Delivered Meals (Title III C2)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress
<b>HB7c</b>	SNAP-Ed (Cal Fresh)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress
<b>HB7d</b>	Transportation to Dining Sites (Title III B)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress
<b>HB7e</b>	Senior Health Promotion (Feeling Fit, Fall Prevention, etc.)	Ongoing	• Healthy Aging Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress



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#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>HOUSING</b>						
H1	Research and prepare a position paper on housing for older adults, such as home sharing and other models. 	January 2023	<ul style="list-style-type: none"> <li>Housing Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>[Topic/title] position paper finalized on [date] and presented to [audience].</li> </ul>	In progress
H2	Explore and participate in appropriate Auxiliary subcommittees, including but not limited, to the Age Well San Diego Housing Theme Team and County housing and homelessness initiatives. 	Ongoing	<ul style="list-style-type: none"> <li>Housing Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego Housing: [date], [date], [date].</li> </ul>	In progress
H3	Monitor and advise on the <u>Thriving component</u> of the <i>Live Well San Diego</i> vision, particularly related to: <ol style="list-style-type: none"> <li>Supporting availability and affordability of housing for all community members.</li> <li>Creating more accessible housing for older adults and people with disabilities to live independently.</li> <li>Expanding crime-free multi-family projects linked to economic opportunities for residents.</li> </ol>	Ongoing	<ul style="list-style-type: none"> <li>Housing Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>[Discussion]</li> </ul>	In progress









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<b>LEGISLATION</b>						
L1	<p>Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation.</p> 	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council</li> <li>Ad Hoc Legislative Subcommittee</li> </ul>	Legislation monitored	<ul style="list-style-type: none"> <li>[Discussion]</li> <li>[Recommendations]</li> </ul>	In progress
<b>LONG TERM CARE/RESPITE/IN-HOME CARE</b>						
LT1	<p>Monitor and make recommendations for enhancements or change to Choose Well.</p> 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Date(s) of Choose Well meeting(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>[Recommendations for improvement, including assessment of effectiveness or additional resources needed].</li> </ul>	In progress
LT2	<p>Promote awareness of respite/adult day care programs, in-home supportive services, and/or affordable facility care as alternatives to nursing home care.</p> 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Promotion methods</li> </ul>	<ul style="list-style-type: none"> <li>[Result]</li> </ul>	In progress
LT3	<p>Participate and represent the Advisory Council in appropriate Auxiliary subcommittee(s).</p> 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego: [date], [date], [date].</li> </ul>	In progress
LT4	<p>Monitor and advise (including but not limited to areas of concern, seeking input from stakeholders or subject matter experts, input on action plans, and participation in recommendation of policy:</p> 	Ongoing				

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#	Goal	Timeline	Lead	Measure	Outcome	Status
LT4a	Call Center	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4b	Care Coordination programs	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4c	Case Management programs	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4d	Person-centered care management	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT4e	Ombudsman Volunteer Recruitment	Ongoing	• Long Term Care & Ombudsman Facilities	• Promotion methods	• [Recommendations to increase volunteer recruitment including outreach methods]	In progress
LT4f	CalAIM Implementation	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress
LT5	Monitor and advise AIS on legislation proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly. 	Ongoing	• Long Term Care & Ombudsman Facilities	• Legislation monitored	• [Discussion]	In progress
LT6	Monitor and advise AIS on the Ombudsman program standard of operations, goals, and performance. 	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress

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LT7	Develop recommendations ensure high quality of care delivered in San Diego County's Long Term Care Facilities. 	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Number of recommendations</li> </ul>	<ul style="list-style-type: none"> <li>[Discussion]</li> </ul>	In progress
LT8	Review data and reports on long term care, respite, and in-home care AIS programs and AIS-funded programs to assess effectiveness and identify gaps in service(s).  	Ongoing	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Data and reports reviewed</li> </ul>	<ul style="list-style-type: none"> <li>[Findings/gaps in service]</li> </ul>	In progress
LT9	Research and prepare a position paper. 	July 2023	<ul style="list-style-type: none"> <li>Long Term Care &amp; Ombudsman Facilities</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of position paper</li> </ul>	<ul style="list-style-type: none"> <li>[Topic/title] position paper finalized on [date] and presented to [audience]. Potential topics include Education and Training for RCF providers, and leveraging technology for Ombudsman volunteers and staff.</li> </ul>	In progress
<b>TECHNOLOGY</b>						
T1	Identify technology that can assist older adults with reducing isolation and recommend application to AIS program(s).  	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council</li> <li>ALL Subcommittees</li> </ul>	<ul style="list-style-type: none"> <li>Findings</li> </ul>	<ul style="list-style-type: none"> <li>[Recommendations]</li> </ul>	In progress
T2	Develop recommendations to increase awareness of existing technology programs and promote access to and utilization of technology.  	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council</li> <li>ALL Subcommittees</li> </ul>	<ul style="list-style-type: none"> <li>Finding(s)</li> <li>Number and topic of media campaign</li> </ul>	<ul style="list-style-type: none"> <li>[Recommendations may include a media campaign to promote existing programs or identify opportunities for new programs]</li> </ul>	Not yet started

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#	Goal	Timeline	Lead	Measure	Outcome	Status
<b>TRANSPORTATION</b>						
TR1	Explore and participate in appropriate Auxiliary subcommittees, including but not limited to the Age Well San Diego Transportation Theme Team.	Ongoing	<ul style="list-style-type: none"> <li>Advisory Council Transportation Liaison</li> </ul>	<ul style="list-style-type: none"> <li>Name and dates of Auxiliary subcommittee meetings attended</li> </ul>	<ul style="list-style-type: none"> <li>Age Well San Diego Transportation: [date], [date], [date].</li> <li>Topics of interest may include, but not be limited to, recommendations to make local roads, highways, and streets safer and friendlier for bicyclists, walkers, including older adults &amp; people with disabilities, and public transit riders.</li> </ul>	In progress